

**26è. CNAT. DE CATALUNYA INDIVIDUAL DE PISTA COBERTA**  
**BARCELONA ( Palau Sant Jordi )**  
**28/02/2021**

**CATEGORIA FEMENINA**

Classif. Dorsal Llicència Cognoms, Nom Data de Naix. Club Marca

**60 m.**

W-35

1	407	CL2395	MONTAÑEZ LLADOS, SANDRA	23/07/1985	Runner's Balaguer CE	9.62
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W-40

1	383	CT27717	DUARTE CANDAU, BETANIA	19/06/1979	GA Lluïsos Mataro	8.37
2	401	CT25784	LOPEZ JIMENEZ, SONIA	30/05/1978	CE Penedès	8.62
3	328	CT5934	BOCANEGRA GIL, SONIA	06/02/1978	Barcelona At.	9.02
4	406	CL1509	BERNAT MIRON, NATALIA	14/12/1976	Runner's Balaguer CE	9.86

W-45

1	413	CT26972	CASANOVA CARREÑO, MARIA	15/01/1976	UA Terrassa	8.51
2	334	CT24188	GORJU SOLSONA, MIREIA	20/01/1972	Barcelona At.	8.54
3	405	CT29391	ROLDAN CARDENAS, ESTELA	09/12/1974	Pratenc AA	9.07
4	339	CT26966	MAJO MASFERRER, ELISABET	23/02/1972	CA Figueres	9.10
5	416	CT29299	BADIA BERNAUS, SARAH	14/06/1974	AA Xafatolls	9.24

W-50

1	367	CT22372	PUIG PLANELLA, MARIA ASSUMPCIO	16/10/1970	GEiE Gironí	8.48
2	353	CT23242	CABELLO RIOJA, ANA	16/11/1968	CA Tarragona	9.25
3	356	CT20285	GUASCH SANROMA, MARIA TERESA	25/11/1966	CA Vic	9.55
4	368	CT23197	SALVANS SAGUE, IRENE	10/02/1969	GEiE Gironí	9.67
5	332	CT143	ELLISON, KAREN	02/05/1969	Barcelona At.	10.04
6	336	CT526	PORTILLO MONTEJO, SILVIA	19/06/1967	Barcelona At.	10.10
7	354	CT22384	FERNANDEZ CARRANZA, PILAR	15/02/1967	CA Tarragona	10.18
8	378	CL1044	SOTO RODRIGUEZ, ADORACION	12/08/1970	JA Sabadell	10.48

W-55

1	414	CT18378	CORTES TORRES, SILVIA	24/12/1962	UGE Badalona	9.13
2	331	CT10536	DE LA CALLE FRAILE, MARIBEL	03/12/1961	Barcelona At.	10.27

W-60

1	347	CT7486	BUSQUETS FUSTER, MARIA ROSA	23/09/1956	Avinent Manresa	10.28
2	418	CT9099	CANAL ALVAREZ, MARIA FILOMENA	01/12/1958	AA Xafatolls	12.60

W-65

1	357	CT111	DELGADO GONZALEZ, MERCEDES	28/06/1954	CE Universitari	10.69
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**200 m.**

W-35

1	407	CL2395	MONTAÑEZ LLADOS, SANDRA	23/07/1985	Runner's Balaguer CE	NP
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W-40

1	383	CT27717	DUARTE CANDAU, BETANIA	19/06/1979	GA Lluïsos Mataro	27.98
2	346	CT7030	RUZ GUTIERREZ, ELISABET	28/04/1977	Lleida UA	28.38

<b>3</b>	<b>401</b>	<b>CT25784</b>	<b>LOPEZ JIMENEZ, SONIA</b>	<b>30/05/1978</b>	<b>CE Penedès</b>	<b>28.61</b>
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W-45

<b>1</b>	<b>334</b>	<b>CT24188</b>	<b>GORJU SOLSONA, MIREIA</b>	<b>20/01/1972</b>	<b>Barcelona At.</b>	<b>27.56</b>
<b>2</b>	<b>413</b>	<b>CT26972</b>	<b>CASANOVA CARREÑO, MARIA</b>	<b>15/01/1976</b>	<b>UA Terrassa</b>	<b>28.40</b>
<b>3</b>	<b>420</b>	<b>CT24407</b>	<b>PASCUAL GARCIA, ISABEL</b>	<b>06/03/1974</b>	<b>AA Xafatolls</b>	<b>35.09</b>
4	392	CT22806	RIERA RUEDA, EVA	28/09/1973	GA Lluïsos Mataro	35.76
5	419	CT25612	MIRET AIGUADE, BEATRIZ	24/01/1974	AA Xafatolls	NP

W-50

FINAL A

1	367	CT22372	PUIG PLANELLA, MARIA ASSUMPCIO	16/10/1970	GEiE Gironí	28.07
2	343	CT20176	CARABANTE MORATA, MA.JOSE	05/06/1968	Playas de Castellon	29.12
3	361	CL1313	BAUZA COLORADO, MARIA LLUISA	29/04/1970	Cornellà At.	30.42
4	356	CT20285	GUASCH SANROMA, MARIA TERESA	25/11/1966	CA Vic	32.41

FINAL B

1	368	CT23197	SALVANS SAGUE, IRENE	10/02/1969	GEiE Gironí	33.17
2	354	CT22384	FERNANDEZ CARRANZA, PILAR	15/02/1967	CA Tarragona	33.43
3	327	CT525	BARRAGAN GARCIA, JOSEFINA	10/11/1968	Barcelona At.	33.90
4	378	CL1044	SOTO RODRIGUEZ, ADORACION	12/08/1970	JA Sabadell	36.09

FINAL

<b>1</b>	<b>367</b>	<b>CT22372</b>	<b>PUIG PLANELLA, MARIA ASSUMPCIO</b>	<b>16/10/1970</b>	<b>GEiE Gironí</b>	<b>28.07</b>
<b>2</b>	<b>343</b>	<b>CT20176</b>	<b>CARABANTE MORATA, MA.JOSE</b>	<b>05/06/1968</b>	<b>Playas de Castellon</b>	<b>29.12</b>
<b>3</b>	<b>361</b>	<b>CL1313</b>	<b>BAUZA COLORADO, MARIA LLUISA</b>	<b>29/04/1970</b>	<b>Cornellà At.</b>	<b>30.42</b>
4	356	CT20285	GUASCH SANROMA, MARIA TERESA	25/11/1966	CA Vic	32.41
5	368	CT23197	SALVANS SAGUE, IRENE	10/02/1969	GEiE Gironí	33.17
6	354	CT22384	FERNANDEZ CARRANZA, PILAR	15/02/1967	CA Tarragona	33.43
7	327	CT525	BARRAGAN GARCIA, JOSEFINA	10/11/1968	Barcelona At.	33.90
8	378	CL1044	SOTO RODRIGUEZ, ADORACION	12/08/1970	JA Sabadell	36.09

W-55

<b>1</b>	<b>414</b>	<b>CT18378</b>	<b>CORTES TORRES, SILVIA</b>	<b>24/12/1962</b>	<b>UGE Badalona</b>	<b>29.70</b>
<b>2</b>	<b>325</b>	<b>CT15269</b>	<b>GARCIA GALLARDO, MARCELINA</b>	<b>26/04/1965</b>	<b>CA Ascó</b>	<b>31.93</b>
<b>3</b>	<b>331</b>	<b>CT10536</b>	<b>DE LA CALLE FRAILE, MARIBEL</b>	<b>03/12/1961</b>	<b>Barcelona At.</b>	<b>33.80</b>

W-65

1	357	CT111	DELGADO GONZALEZ, MERCEDES	28/06/1954	CE Universitari	AB
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400 m.

W-40

<b>1</b>	<b>346</b>	<b>CT7030</b>	<b>RUZ GUTIERREZ, ELISABET</b>	<b>28/04/1977</b>	<b>Lleida UA</b>	<b>1:02.79</b>
<b>2</b>	<b>352</b>	<b>CT28190</b>	<b>AMADOR PERIS, PATRICIA</b>	<b>18/02/1980</b>	<b>CA Tarragona</b>	<b>1:05.30</b>
<b>3</b>	<b>380</b>	<b>CL2723</b>	<b>CAMPOS PAVON, RAQUEL</b>	<b>22/12/1979</b>	<b>GA Lluïsos Mataro</b>	<b>1:08.12</b>
4	406	CL1509	BERNAT MIRON, NATALIA	14/12/1976	Runner's Balaguer CE	1:14.22

W-45

<b>1</b>	<b>349</b>	<b>CT29557</b>	<b>MARZO GOMEZ, MAITE</b>	<b>15/10/1971</b>	<b>Avinent Manresa</b>	<b>1:03.49</b>
<b>2</b>	<b>420</b>	<b>CT24407</b>	<b>PASCUAL GARCIA, ISABEL</b>	<b>06/03/1974</b>	<b>AA Xafatolls</b>	<b>1:21.57</b>

W-50

<b>1</b>	<b>343</b>	<b>CT20176</b>	<b>CARABANTE MORATA, MA.JOSE</b>	<b>05/06/1968</b>	<b>Playas de Castellon</b>	<b>1:04.04</b>
<b>2</b>	<b>385</b>	<b>CT17043</b>	<b>FIDALGO ALVAREZ, ANA ESTHER</b>	<b>05/10/1969</b>	<b>GA Lluïsos Mataro</b>	<b>1:19.58</b>
<b>3</b>	<b>376</b>	<b>CT21860</b>	<b>GRACIA LOTE, MERCEDES</b>	<b>23/09/1969</b>	<b>JA Sabadell</b>	<b>1:20.75</b>

W-55

<b>1</b>	<b>325</b>	<b>CT15269</b>	<b>GARCIA GALLARDO, MARCELINA</b>	<b>26/04/1965</b>	<b>CA Ascó</b>	<b>1:15.66</b>
<b>2</b>	<b>337</b>	<b>CT19739</b>	<b>QUISPE VALENCIA, NANCY NENA</b>	<b>04/11/1964</b>	<b>Barcelona At.</b>	<b>1:26.19</b>

W-60

1	418	CT9099	CANAL ALVAREZ, MARIA FILOMENA	01/12/1958	AA Xafatolls	1:53.90
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## 800 m.

W-40

1	352	CT28190	AMADOR PERIS, PATRICIA	18/02/1980	CA Tarragona	2:29.07
2	373	CT27977	BELTRAN BASCON, SARA	21/07/1978	JA Sabadell	2:44.36

W-45

1	397	CT26997	KRENTZIEN, KRISTINA	24/12/1975	CA Nou Barris	2:32.62
2	412	CL2710	PALMA FERNANDEZ, EVA	28/10/1975	UA Barberà	2:41.28

W-50

1	329	CT19252	CAMPS GALI, MARTA	28/01/1970	Barcelona At.	2:24.22
2	398	CL29124	DEL SALTO IZQUIERDO, BEGOÑA	05/09/1970	CA Parets	2:42.34
3	375	CT29159	ESPAÑA MANZANO, CARMEN	09/03/1970	JA Sabadell	2:42.91
4	391	CT25227	PAREJA BERMEJO, ANGELA	31/03/1967	GA Lluïsos Mataro	2:59.16
5	376	CT21860	GRACIA LOTE, MERCEDES	23/09/1969	JA Sabadell	3:05.47
6	390	CT22747	OLLER SOLER, XANTAL	17/04/1968	GA Lluïsos Mataro	3:06.34
7	388	CT27719	GOMEZ ESCOBEDO, INMACULADA	21/04/1970	GA Lluïsos Mataro	3:11.29

## 1.500 m.

W-40

1	366	CT5082	BOVE BALADA, ANNA	25/01/1978	FC Barcelona	4:40.34
2	324	CL847	RODRIGUEZ CABRERIZO, MONTSERRAT	17/08/1976	CA Castellar	5:06.40
3	358	CT26982	ANENTO MORENO, BARBARA	02/08/1980	Cornellà At.	5:10.49
4	372	CL3059	VERNETTA FELIUBADALO, AINA	04/04/1978	INDEPENDIENTE	5:25.86
5	326	CT28871	GARCIA ALONSO, MARIA	02/07/1978	AA Palamos	5:27.55
6	384	CT25226	FERNANDEZ LIROLA, VERONICA	15/11/1978	GA Lluïsos Mataro	5:29.78
7	399	CL29091	PEREZ MARTINEZ, VANESSA	01/07/1978	CA Parets	6:00.32
8	370	CL3012	CANSECO LOPEZ, FATIMA	06/03/1977	L'Hospitalet At.	7:48.57

W-45

1	415	CL3002	RODRIGUEZ MANZANO, SONIA	12/11/1974	UGE Badalona	5:40.20
2	386	CT14170	GAETA MONLEON, MA.HELENA	12/04/1971	GA Lluïsos Mataro	5:41.87
3	409	CL1589	MANAUT DUEÑAS, MARTA	01/10/1972	CA Torredembarra	5:53.17

W-50

1	393	CT16744	TOMAS SANCHEZ, ESTHER	10/04/1970	GA Lluïsos Mataro	5:31.54
2	375	CT29159	ESPAÑA MANZANO, CARMEN	09/03/1970	JA Sabadell	5:39.25
3	342	CT16344	PEREZ LEIVA, PAQUITA	17/10/1966	CA Igualada	5:50.82

W-55

1	337	CT19739	QUISPE VALENCIA, NANCY NENA	04/11/1964	Barcelona At.	5:59.66
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## 3.000 m.

W-40

1	359	CT16021	BAHOM, HASNA	08/12/1978	Cornellà At.	11:00.94
2	338	CT24639	RODRIGUEZ VILARO, MARIA GLORIA	31/12/1980	Barcelona At.	12:44.45
3	379	CT27714	ARTIGAS DALMAU, JUDITH	08/01/1979	GA Lluïsos Mataro	13:06.31
4	402	CT29314	QUIROS RODRIGUEZ, TANNIA ELENA	31/08/1978	CE Penedès	AB

W-45

1	397	CT26997	KRENTZIEN, KRISTINA	24/12/1975	CA Nou Barris	11:02.98
2	412	CL2710	PALMA FERNANDEZ, EVA	28/10/1975	UA Barberà	11:21.47
3	404	CT12691	GALDAMES SESSAREGO, PATRICIA ANDREA	25/01/1974	Pratenc AA	11:57.47
4	323	CL1516	CERDAN LOPEZ, SONIA	04/04/1974	CA Castellar	13:07.06
5	392	CT22806	RIERA RUEDA, EVA	28/09/1973	GA Lluïsos Mataro	13:15.93
6	415	CL3002	RODRIGUEZ MANZANO, SONIA	12/11/1974	UGE Badalona	NP

W-50

1	369	CT4475	CINCA PATO, MONTSERRAT	07/07/1966	CA Sant Boi	12:49.31
2	360	CL11620	BALLESTEROS ROSA, CARMÉ	22/07/1967	Cornellà At.	12:54.99
3	321	CL3325	IGLESIAS GUENEPIN, VALERIE	18/04/1968	CA Sport Canet	14:14.77

W-55

1	320	CL1508	FOULON ANDRE, VERONIQUE	07/06/1961	CA Sport Canet	13:37.51
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## Salt d'ALÇADA

W-40

1	363	CT26707	MILLAN RIOS, NATALIA	20/06/1976	Durango Kirol Taldea	1.20
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W-45

1	341	CT25701	VIDAL MARTI, PAT	05/26/1972	CA Granollers	1.35
2	419	CT25612	MIRET AIGUADE, BEATRIZ	01/24/1974	AA Xafatolls	1.35

W-65

1	330	CT16444	CASANOVAS GASET, LLUÏSA	25/04/1952	Barcelona At.	1.05
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## Salt amb PERXA

W-35

1	371	CT26926	HIDALGO FORTES, PATRICIA	31/10/1982	L'Hospitalet At.	2.81
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W-50

1	350	CT20389	PRAT GRAU, MONTSERRAT	25/04/1966	Avinent Manresa	2.71
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## Salt de LLARGADA

W-35

1	389	CT28262	LEON OLMOS, JESSICA	17/05/1982	GA Lluïsos Mataro	4.51
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W-40

1	364	CT26981	SANS CRUCES, EVA	21/04/1976	Durango Kirol Taldea	4.12
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W-45

1	340	CT25859	NAVARRO RODERO, MONICA	16/10/1973	CA Granollers	4.55
2	341	CT25701	VIDAL MARTI, PAT	26/05/1972	CA Granollers	4.31
3	362	CL21266	RUIZ CILLER, BEGOÑA	26/08/1972	Cornellà At.	3.35

W-50

1	353	CT23242	CABELLO RIOJA, ANA	16/11/1968	CA Tarragona	4.04
2	332	CT143	ELLISON ELLISON, KAREN	02/05/1969	Barcelona At.	3.64
3	333	CT434	GOMEZ ROIG, MARIA DOLORES	15/06/1970	Barcelona At.	3.62
4	327	CT525	BARRAGAN GARCIA, JOSEFINA	10/11/1968	Barcelona At.	3.48

## TRIPLE Salt

W-40

1	380	CL2723	CAMPOS PAVON, RAQUEL	22/12/1979	GA Lluïsos Mataro	9.40
2	364	CT26981	SANS CRUCES, EVA	21/04/1976	Durango Kirol Taldea	9.40

W-45

1	340	CT25859	NAVARRO RODERO, MONICA	16/10/1973	CA Granollers	10.02
2	403	CT22738	ALIAS ECHEVARRIA, MARTA	23/09/1972	Pratenc AA	8.04

W-50

1	333	CT434	GOMEZ ROIG, MARIA DOLORES	15/06/1970	Barcelona At.	8.05
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W-60

1	394	CT21213	HERRANDEZ MARTINEZ, ALICIA	20/02/1961	Muntanyenc S.Cugat	10.27	RMON
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W-65

1	330	CT16444	CASANOVAS GASET, LLUÏSA	25/04/1952	Barcelona At.	7.03
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## Llançament del PES

W-35

1	355	CL13219	PINTADO DUCH, BARBARA	29/04/1985	CA Tarragona	8.87
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W-40

1	387	CT633	GARCIA GONZALEZ, CRISTINA	10/11/1977	GA Lluïsos Mataro	9.32
2	363	CT26707	MILLAN RIOS, NATALIA	20/06/1976	Durango Kirol Taldea	6.48

W-45

1	405	CT29391	ROLDAN CARDENAS, ESTELA	09/12/1974	Pratenc AA	9.57
2	362	CL21266	RUIZ CILLER, BEGOÑA	26/08/1972	Cornellà At.	8.55

W-60

1	351	CT3234	ROSSINYOL BASTARDAS, LOURDES	27/06/1958	Avinent Manresa	8.61
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W-80

1	335	CT10772	KLETT CARL, HEIDI	24/11/1940	Barcelona At.	6.70	RESP
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## 3.000 m. MARXA

W-35

1	486	CT12654	NOGUEIRA FERNANDEZ, MARTA	12/10/1981	Lleida UA	16:24,01
2	485	CL29270	CORTES HIDALGO, ELISABET	10/12/1983	GA Lluïsos Mataro	24:06,15

W-40

1	487	CT26414	CORTES HIDALGO, SANDRA	10/03/1978	CA Montornès	17:09,17
2	488	CT27086	RODRIGUEZ ALBARRAL, YOLANDA	11/04/1978	Runners El Vendrell	17:27,61
3	491	CT21824	GASSOL LLOBET, GEMMA	20/10/1977	CA Nou Barris	18:03,90
4	489	CL8	ARIAS CANO, CRISTINA	13/06/1977	UA Barberà	19:59,21
	490	CL2613	AUBIA ALVAREZ, ANNA	11/01/1978	UA Barberà	DS RT.54.7.1.

W-45

1	492	CT29198	PEREZ TRUJILLO, EVA	18/07/1975	Lleida UA	16:19,75
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W-55

1	493	CT24522	GUERRERO MONTES, ISABEL	23/12/1963	CE Penedès	17:10,02
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W-60

1	494	CT14282	GARCIA FRONTONS, MA.DEL CARMEN	10/12/1960	CA Nou Barris	17:16,36	RESP
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26è. CNAT. DE CATALUNYA INDIVIDUAL DE PISTA COBERTA  
BARCELONA ( Palau Sant Jordi )  
28/02/2021

Classif. Dorsal Llicència Cognoms, Nom Data de Naix. Club Marca

CATEGORIA MASCULINA

60 m.

M-35

1	148	CT208	CELMA MONTSERRAT, ARTUR	26/12/1983	JA Sabadell	7.69
2	218	CT276	LOPEZ GALLIANO, AITOR	15/02/1986	CA Canyelles	7.73
3	155	CT431	HERENCIA MORA, RUBEN	19/07/1983	JA Sabadell	7.81
4	162	CT10212	REDONDO CASTRILLO, ANTONIO	22/10/1982	JA Sabadell	7.89

M-40

FINAL A

1	87	CT25469	OMEDAS GASION, ALEJANDRO	10/01/1981	CE Universitari	7.76
2	292	CT22362	SANCHEZ ROMAN, XAVIER	18/01/1977	U Colomenca At.	7.83
3	85	CT4850	LLANSANA ARNALOT, JORDI	19/04/1976	CE Universitari	7.99
4	277	CT24870	AGUAYO SOTO, CARMELO	08/01/1978	UA Terrassa	8.06
	163	CT29160	REYES VELASCO, ANTONIO RAUL	02/02/1978	JA Sabadell	NP

FINAL B

1	125	CT7718	MARTIN PANADES, ENRIC	18/08/1980	L'Hospitalet At.	7.26	RCAT
2	291	CL3342	RABAL JIMENEZ, ANDRES	01/09/1980	U Colomenca At.	7.92	
3	282	CL29725	PALOMAR LLORENS, DAVID	14/12/1976	UA Terrassa	8.35	
4	86	CT24557	MARTIN VIDAL, JOSE GABRIEL	06/05/1978	CE Universitari	8.38	
5	223	CL29235	GARCIA ABELAIRA, JOSE LUIS	02/01/1979	CA Parets	8.82	

FINAL

1	125	CT7718	MARTIN PANADES, ENRIC	18/08/1980	L'Hospitalet At.	7.26	RCAT
2	87	CT25469	OMEDAS GASION, ALEJANDRO	10/01/1981	CE Universitari	7.76	
3	292	CT22362	SANCHEZ ROMAN, XAVIER	18/01/1977	U Colomenca At.	7.83	
4	291	CL3342	RABAL JIMENEZ, ANDRES	01/09/1980	U Colomenca At.	7.92	
5	85	CT4850	LLANSANA ARNALOT, JORDI	19/04/1976	CE Universitari	7.99	
6	277	CT24870	AGUAYO SOTO, CARMELO	08/01/1978	UA Terrassa	8.06	
7	282	CL29725	PALOMAR LLORENS, DAVID	14/12/1976	UA Terrassa	8.35	
8	86	CT24557	MARTIN VIDAL, JOSE GABRIEL	06/05/1978	CE Universitari	8.38	
9	223	CL29235	GARCIA ABELAIRA, JOSE LUIS	02/01/1979	CA Parets	8.82	

M-45

1	43	CT18340	BOSCH ORTIZ, XAVI	25/07/1972	CAIM - TED	7.71
2	246	CT23386	DE LA FUENTE GAITERO, JOSE RAMON	01/08/1973	Pratenc AA	7.74
3	310	CL28410	PEREZ MARTIN, RAMON	01/06/1972	AA Xafatolls	7.96
4	214	CT18090	PEREZ SANCHEZ, CHRISTIAN	06/11/1972	CA Nou Barris	8.91
5	122	CL1768	MACIAS ALBESA, FRANCESC	30/04/1971	CA Palafrugell-GiCB	9.26

M-50

1	50	CT20793	DIAZ LLADOS, DAVID	06/08/1970	Avinent Manresa	7.94
2	20	CT18653	MIRMI BARRANCA, JORDI	16/06/1966	Barcelona At.	8.36
3	45	CT19248	ROCA ANTILLACH, LLUIS	12/06/1969	Lleida UA	8.53
4	64	CT17561	FORNIES CAMER, ANTONIO	31/12/1966	CA Tarragona	8.86
5	149	CL29347	COLDEA, FLORIN	18/11/1967	JA Sabadell	9.10
6	165	CT27980	RUBIO RIBAS, RICARD	27/05/1968	JA Sabadell	9.19

M-55

1	206	CT15482	GONZALEZ BLANCO, JOSEP	12/05/1963	CA Nou Barris	8.09
2	164	CT13552	ROF COSTALS, RICARD	28/07/1961	JA Sabadell	8.62
3	201	CT19131	BALLESTEROS FERNANDEZ, EDUARDO	17/09/1964	CA Nou Barris	8.66
4	12	CT14544	CANTO MORENO, JOSE	18/08/1961	Barcelona At.	9.08
5	287	CT28322	GRACIA ELVIRA, JULIO	05/03/1961	U Colomenca At.	9.16
6	10	CT19124	BONJORN GALAN, FCO. DE ASIS	14/07/1963	Barcelona At.	9.23
7	146	CT27027	BUXO BARCHINO, JOAQUIM	14/06/1963	JA Sabadell	9.35
8	118	CL17720	MIRO ANDREU, JORDI	06/11/1961	FACVAC Valls	34.09

## M-60

<b>1</b>	<b>220</b>	<b>CT13686</b>	<b>RODRIGUEZ BURCH, MANEL</b>	<b>18/01/1960</b>	<b>A Olot-Terra Volcans</b>	<b>9.24</b>
<b>2</b>	<b>107</b>	<b>CT10191</b>	<b>SAURAS LOPEZ, CARLOS</b>	<b>13/08/1956</b>	<b>Cornellà At.</b>	<b>10.51</b>
<b>3</b>	<b>113</b>	<b>CT17284</b>	<b>DIAZ PLATA, FRANCISCO</b>	<b>12/09/1957</b>	<b>CA Montornès</b>	<b>12.29</b>

## M-65

<b>1</b>	<b>68</b>	<b>CT27228</b>	<b>PUIG LARA, JOSEP MARIA</b>	<b>30/11/1951</b>	<b>CA Tarragona</b>	<b>9.77</b>
<b>2</b>	<b>83</b>	<b>CT110</b>	<b>COROMINAS CARRETERO, JUAN</b>	<b>29/07/1952</b>	<b>CE Universitari</b>	<b>10.20</b>

## M-70

234	CT9501	ABAD FREIRE, JOSE RAMON	08/09/1946	CE Picornell	NP
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## M-75

<b>1</b>	<b>250</b>	<b>CT23206</b>	<b>PEDRERO LLOPART, ALBERT</b>	<b>13/12/1943</b>	<b>Pratenc AA</b>	<b>9.19</b>
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## 200 m.

## M-35

<b>1</b>	<b>148</b>	<b>CT208</b>	<b>CELMA MONTSERRAT, ARTUR</b>	<b>26/12/1983</b>	<b>JA Sabadell</b>	<b>24.64</b>
<b>2</b>	<b>162</b>	<b>CT10212</b>	<b>REDONDO CASTRILLO, ANTONIO</b>	<b>22/10/1982</b>	<b>JA Sabadell</b>	<b>25.79</b>
<b>3</b>	<b>24</b>	<b>CT28258</b>	<b>SHABAN ASENSIO, MIGUEL</b>	<b>20/11/1982</b>	<b>Barcelona At.</b>	<b>26.13</b>
4	155	CT431	HERENCIA MORA, RUBEN	19/07/1983	JA Sabadell	26.65
5	161	CT28003	POY COLAS, CARLOS	10/05/1985	JA Sabadell	28.46
6	260	CL3179	CALVO INFANTES, VICTOR JOSE	12/11/1984	Runner's Balaguer CE	28.80

## M-40

## FINAL A

1	133	CT29466	CARRASCOSA LLOPIS, PABLO	28/07/1979	CE Ironwill BCN	23.75
2	499	CT8717	BONFILL BENEIT, FRANCESC	22/02/1979	CE Universitari	24.08
3	30	CT28512	BRUSES PINART, ROMA	29/07/1977	CA Figueres	26.16
	163	CT29160	REYES VELASCO, ANTONIO RAUL	02/02/1978	JA Sabadell	NP

## FINAL B

1	53	CT25555	MARTINEZ CALDERON, SERGI	05/01/1978	Avinent Manresa	25.63
2	61	CT25556	VALLBONA VILELLAS, MARC	01/11/1978	Avinent Manresa	26.70
3	282	CL29725	PALOMAR LLORENS, DAVID	14/12/1976	UA Terrassa	27.11

## FINAL

<b>1</b>	<b>133</b>	<b>CT29466</b>	<b>CARRASCOSA LLOPIS, PABLO</b>	<b>28/07/1979</b>	<b>CE Ironwill BCN</b>	<b>23.75</b>
<b>2</b>	<b>499</b>	<b>CT8717</b>	<b>BONFILL BENEIT, FRANCESC</b>	<b>22/02/1979</b>	<b>CE Universitari</b>	<b>24.08</b>
<b>3</b>	<b>53</b>	<b>CT25555</b>	<b>MARTINEZ CALDERON, SERGI</b>	<b>05/01/1978</b>	<b>Avinent Manresa</b>	<b>25.63</b>
4	30	CT28512	BRUSES PINART, ROMA	29/07/1977	CA Figueres	26.16
5	61	CT25556	VALLBONA VILELLAS, MARC	01/11/1978	Avinent Manresa	26.70
6	282	CL29725	PALOMAR LLORENS, DAVID	14/12/1976	UA Terrassa	27.11

## M-45

<b>1</b>	<b>43</b>	<b>CT18340</b>	<b>BOSCH ORTIZ, XAVI</b>	<b>25/07/1972</b>	<b>CAIM - TED</b>	<b>24.28</b>
<b>2</b>	<b>89</b>	<b>CT22243</b>	<b>SEGOVIA FERNANDEZ, JAVIER</b>	<b>18/10/1972</b>	<b>CE Universitari</b>	<b>25.57</b>
<b>3</b>	<b>498</b>	<b>CT413</b>	<b>BONILLA ESCOLAR, MANUEL</b>	<b>21/03/1973</b>	<b>JA Sabadell</b>	<b>28.48</b>
4	108	CL1635	SAYAGO ROMERO, PEDRO	07/06/1971	Cornellà At.	29.66
5	122	CL1768	MACIAS ALBESA, FRANCESC	30/04/1971	CA Palafrugell-GiCB	30.19
	246	CT23386	DE LA FUENTE GAITERO, JOSE RAMON	01/08/1973	Pratenc AA	AB

## M-50

## FINAL A

1	50	CT20793	DIAZ LLADOS, DAVID	06/08/1970	Avinent Manresa	25.79
2	209	CT16605	JALON SESMA, MIGUEL ANTONIO	21/01/1967	CA Nou Barris	26.59
3	45	CT19248	ROCA ANTILLACH, LLUIS	12/06/1969	Lleida UA	26.75
4	20	CT18653	MIRMI BARRANCA, JORDI	16/06/1966	Barcelona At.	26.98
5	149	CL29347	COLDEA, FLORIN	18/11/1967	JA Sabadell	29.76

## FINAL B

1	159	CT20912	MOTA LOPEZ, ROMAN	25/01/1967	JA Sabadell	27.72
2	236	CL25273	ARROYO CARBONELL, RICARD	19/09/1970	CE Picornell	27.99
3	70	CL21880	SANCHEZ LOPEZ, JOAN	14/02/1971	CA Vic	29.05
4	166	CT25583	TORTOSA MORENO, ANTONI	13/06/1967	JA Sabadell	29.33
5	110	CL28346	VILA GIMENO, JORDI	17/02/1971	Cornellà At.	29.37

## FINAL

<b>1</b>	<b>50</b>	<b>CT20793</b>	<b>DIAZ LLADOS, DAVID</b>	<b>06/08/1970</b>	<b>Avinent Manresa</b>	<b>25.79</b>
<b>2</b>	<b>209</b>	<b>CT16605</b>	<b>JALON SESMA, MIGUEL ANTONIO</b>	<b>21/01/1967</b>	<b>CA Nou Barris</b>	<b>26.59</b>
<b>3</b>	<b>45</b>	<b>CT19248</b>	<b>ROCA ANTILLACH, LLUIS</b>	<b>12/06/1969</b>	<b>Lleida UA</b>	<b>26.75</b>
4	20	CT18653	MIRMI BARRANCA, JORDI	16/06/1966	Barcelona At.	26.98
5	159	CT20912	MOTA LOPEZ, ROMAN	25/01/1967	JA Sabadell	27.72

6	236	CL25273	ARROYO CARBONELL, RICARD	19/09/1970	CE Picornell	27.99
7	70	CL21880	SANCHEZ LOPEZ, JOAN	14/02/1971	CA Vic	29.05
8	166	CT25583	TORTOSA MORENO, ANTONI	13/06/1967	JA Sabadell	29.33
9	110	CL28346	VILA GIMENO, JORDI	17/02/1971	Cornellà At.	29.37
10	149	CL29347	COLDEA, FLORIN	18/11/1967	JA Sabadell	29.76

## M-55

<b>1</b>	<b>164</b>	<b>CT13552</b>	<b>ROF COSTALS, RICARD</b>	<b>28/07/1961</b>	<b>JA Sabadell</b>	<b>28.77</b>
<b>2</b>	<b>12</b>	<b>CT14544</b>	<b>CANTO MORENO, JOSE</b>	<b>18/08/1961</b>	<b>Barcelona At.</b>	<b>29.47</b>
<b>3</b>	<b>10</b>	<b>CT19124</b>	<b>BONJORN GALAN, FCO. DE ASIS</b>	<b>14/07/1963</b>	<b>Barcelona At.</b>	<b>31.48</b>
	287	CT28322	GRACIA ELVIRA, JULIO	05/03/1961	U Colomenca At.	DS RT.17.3.2.
	146	CT27027	BUXO BARCHINO, JOAQUIM	14/06/1963	JA Sabadell	NP

## M-60

<b>1</b>	<b>212</b>	<b>CT16656</b>	<b>MARTINEZ VISA, PEDRO</b>	<b>28/07/1959</b>	<b>CA Nou Barris</b>	<b>27.72</b>
<b>2</b>	<b>8</b>	<b>CT116</b>	<b>GUTIERREZ BERMUDEZ, JOSE</b>	<b>21/03/1960</b>	<b>CA Ascó</b>	<b>29.90</b>
<b>3</b>	<b>220</b>	<b>CT13686</b>	<b>RODRIGUEZ BURCH, MANEL</b>	<b>18/01/1960</b>	<b>A Olot-Terra Volcans</b>	<b>30.57</b>

## M-65

<b>1</b>	<b>68</b>	<b>CT27228</b>	<b>PUIG LARA, JOSEP MARIA</b>	<b>30/11/1951</b>	<b>CA Tarragona</b>	<b>33.36</b>
<b>2</b>	<b>83</b>	<b>CT110</b>	<b>COROMINAS CARRETERO, JUAN</b>	<b>29/07/1952</b>	<b>CE Universitari</b>	<b>34.80</b>

## 400 m.

## M-35

<b>1</b>	<b>24</b>	<b>CT28258</b>	<b>SHABAN ASENSIO, MIGUEL</b>	<b>20/11/1982</b>	<b>Barcelona At.</b>	<b>59.39</b>
<b>2</b>	<b>161</b>	<b>CT28003</b>	<b>POY COLAS, CARLOS</b>	<b>10/05/1985</b>	<b>JA Sabadell</b>	<b>1:10.32</b>

## M-40

<b>1</b>	<b>133</b>	<b>CT29466</b>	<b>CARRASCOSA LLOPIS, PABLO</b>	<b>28/07/1979</b>	<b>CE Ironwill BCN</b>	<b>52.89</b>
<b>2</b>	<b>61</b>	<b>CT25556</b>	<b>VALLBONA VILELLAS, MARC</b>	<b>01/11/1978</b>	<b>Avinent Manresa</b>	<b>56.88</b>
<b>3</b>	<b>81</b>	<b>CT25684</b>	<b>BLANCO FUNES, TOMAS</b>	<b>01/07/1978</b>	<b>CE Universitari</b>	<b>59.20</b>
4	59	CT349	ROMERO CONTRERAS, MARC	07/06/1976	Avinent Manresa	59.92
5	84	CT18335	DEL CAMPO MARCO, VICENTE	31/05/1976	CE Universitari	1:02.28

## M-45

<b>1</b>	<b>4</b>	<b>CL1167</b>	<b>BONO RUBIO, ANTONIO</b>	<b>03/08/1974</b>	<b>CA Castellar</b>	<b>58.66</b>
<b>2</b>	<b>266</b>	<b>CL25598</b>	<b>FERNANDEZ SALTOR, MARIA</b>	<b>02/07/1971</b>	<b>Serra Marina Alella</b>	<b>58.88</b>
<b>3</b>	<b>230</b>	<b>CT24111</b>	<b>MURIEL ZARAGOZA, GERARD</b>	<b>16/03/1974</b>	<b>CE Penedès</b>	<b>1:00.00</b>
	79	CT474	TRILLO LOZANO, SERGIO	26/09/1971	Castillejo Caceres RC	AB
	17	CT11653	MARTINEZ MIRALLES, MARC	09/01/1976	Barcelona At.	AB

## M-50

## FINAL A

1	283	CT17257	SALVADOR VENS, JORDI	02/05/1966	UA Terrassa	58.24
2	209	CT16605	JALON SESMA, MIGUEL ANTONIO	21/01/1967	CA Nou Barris	58.54
3	236	CL25273	ARROYO CARBONELL, RICARD	19/09/1970	CE Picornell	1:00.14
4	147	CT17483	CASTANDER SERENTILL, FCO.JAVIER	06/04/1968	JA Sabadell	1:01.44

## FINAL B

1	159	CT20912	MOTA LOPEZ, ROMAN	25/01/1967	JA Sabadell	1:00.37
2	70	CL21880	SANCHEZ LOPEZ, JOAN	14/02/1971	CA Vic	1:03.93
	14	CT18325	ESCRICHE CASTRO, FABIAN	13/06/1967	Barcelona At.	AB

## FINAL

<b>1</b>	<b>283</b>	<b>CT17257</b>	<b>SALVADOR VENS, JORDI</b>	<b>02/05/1966</b>	<b>UA Terrassa</b>	<b>58.24</b>
<b>2</b>	<b>209</b>	<b>CT16605</b>	<b>JALON SESMA, MIGUEL ANTONIO</b>	<b>21/01/1967</b>	<b>CA Nou Barris</b>	<b>58.54</b>
<b>3</b>	<b>236</b>	<b>CL25273</b>	<b>ARROYO CARBONELL, RICARD</b>	<b>19/09/1970</b>	<b>CE Picornell</b>	<b>1:00.14</b>
4	159	CT20912	MOTA LOPEZ, ROMAN	25/01/1967	JA Sabadell	1:00.37
5	147	CT17483	CASTANDER SERENTILL, FCO.JAVIER	06/04/1968	JA Sabadell	1:01.44
6	70	CL21880	SANCHEZ LOPEZ, JOAN	14/02/1971	CA Vic	1:03.93

## M-55

<b>1</b>	<b>80</b>	<b>CT25420</b>	<b>BIGORDA BOSCH, JOAQUIM</b>	<b>23/07/1965</b>	<b>CE Universitari</b>	<b>1:05.33</b>
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## M-60

<b>1</b>	<b>179</b>	<b>CT25228</b>	<b>POVEDANO ARRIBAS, JOSE</b>	<b>02/05/1958</b>	<b>GA Lluïsos Mataro</b>	<b>1:06.14</b>
<b>2</b>	<b>94</b>	<b>CT13998</b>	<b>PADROSA BARCONS, MARIANO</b>	<b>21/12/1959</b>	<b>CN Olot</b>	<b>1:06.71</b>
<b>3</b>	<b>8</b>	<b>CT116</b>	<b>GUTIERREZ BERMUDEZ, JOSE</b>	<b>21/03/1960</b>	<b>CA Ascó</b>	<b>1:07.72</b>

## M-65

<b>1</b>	<b>288</b>	<b>CT19112</b>	<b>INES BARRIOS, EDUARDO</b>	<b>24/05/1954</b>	<b>U Colomenca At.</b>	<b>1:14.53</b>
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## M-75

<b>1</b>	<b>158</b>	<b>CT7537</b>	<b>MAS CARDONA, JOAQUIM</b>	<b>11/08/1943</b>	<b>JA Sabadell</b>	<b>1:32.88</b>
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## 800 m.

## M-35

<b>1</b>	<b>25</b>	<b>CT10827</b>	<b>VILA HERRADA, ROGER</b>	<b>27/07/1983</b>	<b>Barcelona At.</b>	<b>2:05.80</b>
<b>2</b>	<b>195</b>	<b>CT289</b>	<b>MARTIN PELAEZ, JOSE LUIS</b>	<b>08/07/1984</b>	<b>CA Mollet</b>	<b>2:07.52</b>
<b>3</b>	<b>299</b>	<b>CL1412</b>	<b>PAZ PALENQUES, BRUNO</b>	<b>17/06/1985</b>	<b>UGE Badalona</b>	<b>2:09.51</b>
4	280	CL22660	COMERAS CASTANY, MARC	15/05/1985	UA Terrassa	2:12.17
5	260	CL3179	CALVO INFANTES, VICTOR JOSE	12/11/1984	Runner's Balaguer CE	2:28.52
	128	CT11651	GALLARDO MARTINEZ, EDUARD	01/09/1983	INDEPENDIENTE	AB

## M-40

<b>1</b>	<b>53</b>	<b>CT25555</b>	<b>MARTINEZ CALDERON, SERGI</b>	<b>05/01/1978</b>	<b>Avinent Manresa</b>	<b>2:06.03</b>
<b>2</b>	<b>269</b>	<b>CL28192</b>	<b>GOMEZ CARBALLO, OSCAR</b>	<b>17/11/1976</b>	<b>CA Terres de l'Ebre</b>	<b>2:06.50</b>
<b>3</b>	<b>41</b>	<b>CT21189</b>	<b>CEBOLLERO GONZALEZ, ALBERT</b>	<b>21/12/1977</b>	<b>Playas de Castellon</b>	<b>2:06.50</b>
4	286	CT25340	BUETAS PEREZ, RAUL	09/06/1978	U Colomenca At.	2:13.82
5	240	CL25275	FERNANDEZ SILVA, RAUL	17/10/1980	CE Picornell	2:15.87
6	221	CL26967	ALVAREZ COLCHERO, JOSE MANUEL	20/06/1976	CA Parets	2:28.78

## M-45

<b>1</b>	<b>308</b>	<b>CL26980</b>	<b>GARDEÑES CLIVILLE, JOSEP ANTONI</b>	<b>01/03/1975</b>	<b>AA Xafatolls</b>	<b>2:13.55</b>
<b>2</b>	<b>47</b>	<b>CT29420</b>	<b>ARGUDO SESMILO, FRANCISCO JAVIER</b>	<b>03/05/1971</b>	<b>Avinent Manresa</b>	<b>2:13.82</b>
<b>3</b>	<b>4</b>	<b>CL1167</b>	<b>BONO RUBIO, ANTONIO</b>	<b>03/08/1974</b>	<b>CA Castellar</b>	<b>2:13.94</b>
4	154	CT18009	GUILLEN GARCIA, MANUEL	23/05/1973	JA Sabadell	2:14.30
5	274	CT4	LEON CID, JULIO	12/10/1974	Athletic Track Tarragona	2:14.65
	17	CT11653	MARTINEZ MIRALLES, MARC	09/01/1976	Barcelona At.	AB

## M-50

## FINAL A

1	144	CT20473	BALAGUE RUBIO, MIGUEL ANGEL	06/09/1970	JA Sabadell	2:17.57
2	283	CT17257	SALVADOR VENS, JORDI	02/05/1966	UA Terrassa	2:21.39
3	130	CL26991	OLIVARES AGUILAR, JOAQUIM	17/04/1969	INDEPENDIENTE	2:23.71
	196	CT26821	TIRADO MERIDA, MANUEL	24/01/1968	CA Mollet	AB
	147	CT17483	CASTANDER SERENTILL, FCO.JAVIER	06/04/1968	JA Sabadell	AB
	215	CT19862	SACO GONZALEZ, JUAN CARLOS	02/04/1966	CA Nou Barris	AB

## FINAL B

1	157	CL29155	JURADO HERRERA, LUIS JESUS	16/09/1970	JA Sabadell	2:21.84
2	243	CT504	TURMO MORENO, CARLOS	27/02/1971	CE Picornell	2:22.86
3	294	CT23259	CRESCENTI ARNAU, JUAN PEDRO	29/06/1967	UGE Badalona	2:24.18
4	275	CT27937	BERMUDEZ MARTOS, TONI	31/08/1969	UA Barberà	2:26.86
5	276	CL3045	BONINA NICOLAU, PEDRO	16/06/1970	UA Barberà	2:29.71

## FINAL

<b>1</b>	<b>144</b>	<b>CT20473</b>	<b>BALAGUE RUBIO, MIGUEL ANGEL</b>	<b>06/09/1970</b>	<b>JA Sabadell</b>	<b>2:17.57</b>
<b>2</b>	<b>283</b>	<b>CT17257</b>	<b>SALVADOR VENS, JORDI</b>	<b>02/05/1966</b>	<b>UA Terrassa</b>	<b>2:21.39</b>
<b>3</b>	<b>157</b>	<b>CL29155</b>	<b>JURADO HERRERA, LUIS JESUS</b>	<b>16/09/1970</b>	<b>JA Sabadell</b>	<b>2:21.84</b>
4	243	CT504	TURMO MORENO, CARLOS	27/02/1971	CE Picornell	2:22.86
5	130	CL26991	OLIVARES AGUILAR, JOAQUIM	17/04/1969	INDEPENDIENTE	2:23.71
6	294	CT23259	CRESCENTI ARNAU, JUAN PEDRO	29/06/1967	UGE Badalona	2:24.18
7	275	CT27937	BERMUDEZ MARTOS, TONI	31/08/1969	UA Barberà	2:26.86
8	276	CL3045	BONINA NICOLAU, PEDRO	16/06/1970	UA Barberà	2:29.71

## M-55

<b>1</b>	<b>153</b>	<b>CT13116</b>	<b>GARCIA NUÑEZ, RAFAEL</b>	<b>30/06/1961</b>	<b>JA Sabadell</b>	<b>2:40.00</b>
<b>2</b>	<b>183</b>	<b>CT14475</b>	<b>VILLALBA VERA, JORDI</b>	<b>27/02/1962</b>	<b>GA Lluïsos Mataro</b>	<b>2:42.42</b>

## M-60

<b>1</b>	<b>238</b>	<b>CL2630</b>	<b>DE LA IGLESIA GONZALEZ, ALFREDO</b>	<b>13/03/1960</b>	<b>CE Picornell</b>	<b>2:54.46</b>
<b>2</b>	<b>167</b>	<b>CT17446</b>	<b>TRAVER SEGARRA, ANTONIO</b>	<b>13/04/1959</b>	<b>JA Sabadell</b>	<b>2:55.34</b>

## M-65

<b>1</b>	<b>57</b>	<b>CT19301</b>	<b>QUEVEDO GARCIA, JOSEP</b>	<b>04/12/1954</b>	<b>Avinent Manresa</b>	<b>2:47.79</b>
<b>2</b>	<b>98</b>	<b>CT24015</b>	<b>TORRES MORA, ANTONIO</b>	<b>09/06/1955</b>	<b>CA Canovelles</b>	<b>3:03.39</b>
<b>3</b>	<b>188</b>	<b>CT2826</b>	<b>MORAGAS RECASENS, ISIDRE</b>	<b>18/12/1955</b>	<b>CA Lloret-La Selva</b>	<b>3:13.78</b>

## M-70

<b>1</b>	<b>199</b>	<b>CT28167</b>	<b>AGUILAR CABRERA, JESUS</b>	<b>06/01/1951</b>	<b>CA Nou Barris</b>	<b>3:17.91</b>
<b>2</b>	<b>281</b>	<b>CT17152</b>	<b>ORTEGA MEDINA, DOMINGO</b>	<b>29/02/1948</b>	<b>UA Terrassa</b>	<b>3:54.64</b>

## 1.500 m.

## M-35

<b>1</b>	<b>25</b>	<b>CT10827</b>	<b>VILA HERRADA, ROGER</b>	<b>27/07/1983</b>	<b>Barcelona At.</b>	<b>4:11.78</b>
<b>2</b>	<b>270</b>	<b>CT25650</b>	<b>HIDALGO BLADE, SERGI</b>	<b>06/03/1981</b>	<b>CA Terres de l'Ebre</b>	<b>4:18.72</b>
<b>3</b>	<b>195</b>	<b>CT289</b>	<b>MARTIN PELAEZ, JOSE LUIS</b>	<b>08/07/1984</b>	<b>CA Mollet</b>	<b>4:22.27</b>
4	497	CT470	GARCIA ARANDA, DAVID	28/08/1985	CE Ironwill BCN	4:22.56
5	295	CL8984	GONZALEZ VILAFRANCA, ALBERTO	24/12/1981	UGE Badalona	4:43.04
6	301	CL3006	VIÑAS PONS, VICTOR	09/08/1982	UGE Badalona	4:48.50

## M-40

<b>1</b>	<b>254</b>	<b>CT9783</b>	<b>CASTRO ALGORA, RUBEN</b>	<b>13/02/1981</b>	<b>Ripollet UA</b>	<b>4:12.42</b>
<b>2</b>	<b>227</b>	<b>CT18995</b>	<b>GARCIA MENDOZA, JUAN MANUEL</b>	<b>14/01/1980</b>	<b>CE Penedès</b>	<b>4:29.42</b>
<b>3</b>	<b>193</b>	<b>CL1441</b>	<b>CAUS CORTELL, CARLES</b>	<b>25/03/1980</b>	<b>CA Molins</b>	<b>4:31.34</b>
4	297	CL3000	MONROY GARRIGOS, ABRAHAM	10/09/1980	UGE Badalona	4:31.50
5	298	CL3005	ORTIZ MARTINEZ, RUBEN	23/01/1981	UGE Badalona	4:39.45
	184	CT178	BERNAT PANÉ, JOAN	09/12/1976	CA Lloret-La Selva	NP
	264	CT23275	LOPEZ FERNANDEZ, MIQUEL ANGEL	14/02/1978	CA La Sansi	NP

## M-45

<b>1</b>	<b>197</b>	<b>CT21053</b>	<b>TORT MORENO, MARC</b>	<b>11/03/1971</b>	<b>CA Mollet</b>	<b>4:26.94</b>
<b>2</b>	<b>308</b>	<b>CL26980</b>	<b>GARDEÑES CLVILLE, JOSEP ANTONI</b>	<b>01/03/1975</b>	<b>AA Xafatolls</b>	<b>4:28.35</b>
<b>3</b>	<b>32</b>	<b>CT11195</b>	<b>MARSOL FONT, FRANCESC</b>	<b>03/10/1972</b>	<b>CA Granollers</b>	<b>4:31.81</b>
4	29	CL28417	PLA VIDAL, JORDI	15/07/1972	CA Calonge	4:40.90
5	1	CL26651	DIAZ RAMIREZ, XAVIER	06/09/1974	CA Sant Celoni	4:43.68
6	224	CL29114	LOPEZ GALLEGO, MIGUEL ANGEL	11/05/1975	CA Parets	4:56.50
7	207	CT29027	GONZALEZ DOMINGUEZ, DAVID	25/10/1974	CA Nou Barris	5:00.22
8	303	CL3670	FOLCH FONT, SERGI	01/05/1975	CA Atletesvng.org	5:12.27
9	189	CL20845	CINTO SABATE, SERGIO	15/09/1973	Martorell AC	5:14.78
10	11	CT531	CAMPILLO BETBESE, FRANCESC	02/08/1973	Barcelona At.	5:43.37
11	296	CL3004	HABAS APARICIO, RICARDO	10/05/1973	UGE Badalona	5:46.23

## M-50

<b>1</b>	<b>144</b>	<b>CT20473</b>	<b>BALAGUE RUBIO, MIGUEL ANGEL</b>	<b>06/09/1970</b>	<b>JA Sabadell</b>	<b>4:27.50</b>
<b>2</b>	<b>278</b>	<b>CL6504</b>	<b>AVELLANEDA LOPEZ, CESAR</b>	<b>04/07/1967</b>	<b>UA Terrassa</b>	<b>4:29.66</b>
<b>3</b>	<b>185</b>	<b>CT26050</b>	<b>BOADAS GOMBAU, PERE</b>	<b>08/09/1967</b>	<b>CA Lloret-La Selva</b>	<b>4:36.50</b>
4	90	CT25471	SUBIAS ARILLA, JAVIER RICARDO	23/08/1967	CE Universitari	4:38.48
5	237	CT26339	CERRATO GOMEZ, XAVIER	30/08/1966	CE Picornell	4:41.73
6	307	CL1104	FONTANET SOLSONA, JAUME	12/11/1969	AA Xafatolls	4:48.33
	196	CT26821	TIRADO MERIDA, MANUEL	24/01/1968	CA Mollet	AB
	294	CT23259	CRESCENTI ARNAU, JUAN PEDRO	29/06/1967	UGE Badalona	NP

## M-55

<b>1</b>	<b>306</b>	<b>CT22240</b>	<b>RAMIREZ RAMIREZ, JOSE ANTONIO</b>	<b>25/02/1965</b>	<b>CA Atletesvng.org</b>	<b>4:35.76</b>
<b>2</b>	<b>235</b>	<b>CT15924</b>	<b>ARANDA ROMERO, JOSE</b>	<b>30/11/1964</b>	<b>CE Picornell</b>	<b>4:36.51</b>
<b>3</b>	<b>23</b>	<b>CT15134</b>	<b>SERRANO ROIG, CLIMENT</b>	<b>08/03/1964</b>	<b>Barcelona At.</b>	<b>4:56.65</b>
4	2	CL27004	FAURIA CAPDEVILA, FRANCESC	12/04/1965	CA Sant Celoni	5:07.80
5	80	CT25420	BIGORDA BOSCH, JOAQUIM	23/07/1965	CE Universitari	5:12.36
6	96	CT22257	CORRAL RODRIGUEZ, JOSE	29/05/1965	CA Canovelles	5:16.37
7	191	CL24034	VAZ GUERRERO, JUAN	27/10/1963	Martorell AC	5:44.84

## M-60

<b>1</b>	<b>210</b>	<b>CT2600</b>	<b>MARCH MARCH, JORDI</b>	<b>09/11/1960</b>	<b>CA Nou Barris</b>	<b>5:13.30</b>
<b>2</b>	<b>238</b>	<b>CL2630</b>	<b>DE LA IGLESIA GONZALEZ, ALFREDO</b>	<b>13/03/1960</b>	<b>CE Picornell</b>	<b>6:21.30</b>

## M-65

<b>1</b>	<b>255</b>	<b>CT11589</b>	<b>ARAGON MUÑOZ, FRANCISCO</b>	<b>17/11/1954</b>	<b>UA Rubí</b>	<b>5:22.67</b>
<b>2</b>	<b>57</b>	<b>CT19301</b>	<b>QUEVEDO GARCIA, JOSEP</b>	<b>04/12/1954</b>	<b>Avinent Manresa</b>	<b>5:38.23</b>
<b>3</b>	<b>103</b>	<b>CT28896</b>	<b>POLO GARCIA, ANTONIO</b>	<b>02/05/1952</b>	<b>Cornellà At.</b>	<b>5:57.68</b>
4	98	CT24015	TORRES MORA, ANTONIO	09/06/1955	CA Canovelles	6:17.65
5	188	CT2826	MORAGAS RECASENS, ISIDRE	18/12/1955	CA Lloret-La Selva	6:41.76

## M-70

<b>1</b>	<b>244</b>	<b>CT861</b>	<b>CAMPO SANCHEZ, FABIAN</b>	<b>01/03/1948</b>	<b>Pratenc AA</b>	<b>5:39.48</b>
<b>2</b>	<b>247</b>	<b>CT19758</b>	<b>GIMENEZ MARTIN, JOSEP</b>	<b>05/06/1948</b>	<b>Pratenc AA</b>	<b>6:12.90</b>
<b>3</b>	<b>187</b>	<b>CT26887</b>	<b>MASO TARRES, JOSEP</b>	<b>23/05/1950</b>	<b>CA Lloret-La Selva</b>	<b>6:14.75</b>
4	281	CT17152	ORTEGA MEDINA, DOMINGO	29/02/1948	UA Terrassa	7:26.65

## M-75

<b>1</b>	<b>158</b>	<b>CT7537</b>	<b>MAS CARDONA, JOAQUIM</b>	<b>11/08/1943</b>	<b>JA Sabadell</b>	<b>6:53.12</b>
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## 3.000 m.

## M-35

## FINAL A

1	137	CT10459	CERA IZQUIERDO, CARLOS	22/05/1983	JA Montcada	8:50.65
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2	270	CT25650	HIDALGO BLADE, SERGI	06/03/1981	CA Terres de l'Ebre	8:53.88
3	141	CT82	RAMÓN LOPO, JUAN LUIS	04/10/1982	JA Montcada	8:55.17
4	143	CT17227	RUEDA NAHARRO, DANIEL	27/03/1981	JA Montcada	8:58.92
5	100	CT15712	ALVAREZ RAMOS, JUAN MANUEL	06/05/1983	Cornellà At.	9:15.70
6	253	CL3044	MOISES VENDRELL, DANIEL	12/04/1981	RTC Running Club	9:17.56
7	77	CT29089	NUÑEZ LEAL, ALEX	19/02/1984	Castillejo Caceres RC	9:32.61
8	271	CT511	IZQUIERDO ACON, ALEX	27/01/1985	CA Terres de l'Ebre	9:42.34
	139	CT424	MENGUAL BORDAS, JOAN	14/11/1985	JA Montcada	AB

**FINAL B**

1	299	CL1412	PAZ PALENQUES, BRUNO	17/06/1985	UGE Badalona	9:45.96
2	497	CT470	GARCIA ARANDA, DAVID	28/08/1985	CE Ironwill BCN	9:48.26
3	289	CT506	MARTIN FERNANDEZ, RUBEN	26/11/1981	U Colomenca At.	9:54.03
4	34	CL26111	SANJAUME CALVET, MARC	10/04/1984	CA Granollers	9:54.33
5	95	CL29017	ALARCON VILA, JOAN	14/04/1981	CA Canovelles	9:57.73
6	192	CT27313	MUÑOZ VALENCIA, PEDRO	19/04/1982	26millas MATICAL	9:58.50
7	134	CL29436	FERNANDEZ BERGES, JORDI	04/05/1984	CE Ironwill BCN	10:09.25
8	301	CL3006	VIÑAS PONS, VICTOR	09/08/1982	UGE Badalona	10:17.41

**FINAL**

<b>1</b>	<b>137</b>	<b>CT10459</b>	<b>CERA IZQUIERDO, CARLOS</b>	<b>22/05/1983</b>	<b>JA Montcada</b>	<b>8:50.65</b>
<b>2</b>	<b>270</b>	<b>CT25650</b>	<b>HIDALGO BLADE, SERGI</b>	<b>06/03/1981</b>	<b>CA Terres de l'Ebre</b>	<b>8:53.88</b>
<b>3</b>	<b>141</b>	<b>CT82</b>	<b>RAMÓN LOPO, JUAN LUIS</b>	<b>04/10/1982</b>	<b>JA Montcada</b>	<b>8:55.17</b>
4	143	CT17227	RUEDA NAHARRO, DANIEL	27/03/1981	JA Montcada	8:58.92
5	100	CT15712	ALVAREZ RAMOS, JUAN MANUEL	06/05/1983	Cornellà At.	9:15.70
6	253	CL3044	MOISES VENDRELL, DANIEL	12/04/1981	RTC Running Club	9:17.56
7	77	CT29089	NUÑEZ LEAL, ALEX	19/02/1984	Castillejo Caceres RC	9:32.61
8	271	CT511	IZQUIERDO ACON, ALEX	27/01/1985	CA Terres de l'Ebre	9:42.34
9	299	CL1412	PAZ PALENQUES, BRUNO	17/06/1985	UGE Badalona	9:45.96
10	497	CT470	GARCIA ARANDA, DAVID	28/08/1985	CE Ironwill BCN	9:48.26
11	289	CT506	MARTIN FERNANDEZ, RUBEN	26/11/1981	U Colomenca At.	9:54.03
12	34	CL26111	SANJAUME CALVET, MARC	10/04/1984	CA Granollers	9:54.33
13	95	CL29017	ALARCON VILA, JOAN	14/04/1981	CA Canovelles	9:57.73
14	192	CT27313	MUÑOZ VALENCIA, PEDRO	19/04/1982	26millas MATICAL	9:58.50
15	134	CL29436	FERNANDEZ BERGES, JORDI	04/05/1984	CE Ironwill BCN	10:09.25
16	301	CL3006	VIÑAS PONS, VICTOR	09/08/1982	UGE Badalona	10:17.41

**M-40**

**FINAL A**

1	254	CT9783	CASTRO ALGORA, RUBEN	13/02/1981	Ripollet UA	8:45.45
2	127	CT25606	ALSINA CASAS, JORDI	24/03/1978	INDEPENDIENTE	8:49.48
3	265	CT20665	CACERES LLORCA, IGNACIO	18/06/1976	C.A.Carnicas Serrano	8:54.61
4	114	CT7353	LIMIA BOO, IVAN	12/05/1980	CA Montornes	8:58.59
5	75	CT129	MARQUEZ SANCHEZ, SALVADOR	07/04/1976	Castillejo Caceres RC	9:02.19
6	71	CT28819	BEJARANO CABALLERO, SERGIO	19/04/1977	Castillejo Caceres RC	9:03.26
7	117	CT2235	GARCIA INSA, XAVIER	26/10/1978	FACVAC Valls	9:04.97
8	138	CL68	DAUSA RODRIGUEZ, ALBERT	19/04/1979	JA Montcada	9:06.37
9	263	CL27962	CRUZ INFANTES, JOSE LUIS	13/01/1979	CA La Sansi	9:27.61
10	116	CT119	GARCIA FERNANDEZ, JORGE	17/04/1978	FACVAC Valls	9:32.03
11	279	CL26690	BOYANO AGUERA, JOSUE	14/10/1978	UA Terrassa	9:35.43
12	193	CL1441	CAUS CORTELL, CARLES	25/03/1980	CA Molins	9:38.87
13	171	CT26474	EL HARRAK TARFI, ABDELHAMED	25/01/1978	GA Lluïsos Mataro	9:58.31

**FINAL B**

1	251	CT21030	PEREZ PEREZ, JOSE MANUEL	11/10/1980	Pratenc AA	9:39.11
2	290	CT507	NOU CASTELL, RAMON	01/06/1979	U Colomenca At.	9:42.91
3	169	CT27711	ANTUNEZ SORIA, ANTONIO	01/04/1980	GA Lluïsos Mataro	9:43.55
4	184	CT178	BERNAT PANÉ, JOAN	09/12/1976	CA Lloret-La Selva	9:44.18
5	160	CT16521	PINEDA SAMORA, ALBERT	01/02/1979	JA Sabadell	10:01.47
6	5	CT28305	EL HADDAD, MOHAMED	18/03/1976	CA Castellar	10:04.69
7	21	CT524	NOBLEJAS GONZALEZ, IVAN	02/05/1976	Barcelona At.	10:18.13
8	293	CL3001	ABRIL GANDIA, ALBERT	29/01/1978	UGE Badalona	10:55.26
9	97	CL29148	HERNANDEZ SAPE, CARLOS	28/11/1976	CA Canovelles	11:01.38
10	213	CL15253	OCHOA VENEGAS, PABLO ANTONIO	01/03/1979	CA Nou Barris	11:16.38
11	231	CL2697	ROMERO GARCIA, JOSE MARIA	23/12/1976	CE Penedès	11:19.69
12	229	CL3232	MEDINA CORONADO, MARCOS	30/08/1976	CE Penedès	11:20.08

**FINAL**

<b>1</b>	<b>254</b>	<b>CT9783</b>	<b>CASTRO ALGORA, RUBEN</b>	<b>13/02/1981</b>	<b>Ripollet UA</b>	<b>8:45.45</b>
<b>2</b>	<b>127</b>	<b>CT25606</b>	<b>ALSINA CASAS, JORDI</b>	<b>24/03/1978</b>	<b>INDEPENDIENTE</b>	<b>8:49.48</b>
<b>3</b>	<b>265</b>	<b>CT20665</b>	<b>CACERES LLORCA, IGNACIO</b>	<b>18/06/1976</b>	<b>C.A.Carnicas Serrano</b>	<b>8:54.61</b>
4	114	CT7353	LIMIA BOO, IVAN	12/05/1980	CA Montornes	8:58.59
5	75	CT129	MARQUEZ SANCHEZ, SALVADOR	07/04/1976	Castillejo Caceres RC	9:02.19
6	71	CT28819	BEJARANO CABALLERO, SERGIO	19/04/1977	Castillejo Caceres RC	9:03.26
7	117	CT2235	GARCIA INSA, XAVIER	26/10/1978	FACVAC Valls	9:04.97
8	138	CL68	DAUSA RODRIGUEZ, ALBERT	19/04/1979	JA Montcada	9:06.37
9	263	CL27962	CRUZ INFANTES, JOSE LUIS	13/01/1979	CA La Sansi	9:27.61
10	116	CT119	GARCIA FERNANDEZ, JORGE	17/04/1978	FACVAC Valls	9:32.03

11	279	CL26690	BOYANO AGUERA, JOSUE	14/10/1978	UA Terrassa	9:35.43
12	193	CL1441	CAUS CORTELL, CARLES	25/03/1980	CA Molins	9:38.87
13	251	CT21030	PEREZ PEREZ, JOSE MANUEL	11/10/1980	Pratenc AA	9:39.11
14	290	CT507	NOU CASTELL, RAMON	01/06/1979	U Colomenca At.	9:42.91
15	169	CT27711	ANTUNEZ SORIA, ANTONIO	01/04/1980	GA Lluïsos Mataro	9:43.55
16	184	CT178	BERNAT PANÉ, JOAN	09/12/1976	CA Lloret-La Selva	9:44.18
17	171	CT26474	EL HARRAK TARFI, ABDELHAMED	25/01/1978	GA Lluïsos Mataro	9:58.31
18	160	CT16521	PINEDA SAMORA, ALBERT	01/02/1979	JA Sabadell	10:01.47
19	5	CT28305	EL HADDAD, MOHAMED	18/03/1976	CA Castellar	10:04.69
20	21	CT524	NOBLEJAS GONZALEZ, IVAN	02/05/1976	Barcelona At.	10:18.13
21	293	CL3001	ABRIL GANDIA, ALBERT	29/01/1978	UGE Badalona	10:55.26
22	97	CL29148	HERNANDEZ SAPE, CARLOS	28/11/1976	CA Canovelles	11:01.38
23	213	CL15253	OCHOA VENEGAS, PABLO ANTONIO	01/03/1979	CA Nou Barris	11:16.38
24	231	CL2697	ROMERO GARCIA, JOSÉ MARIA	23/12/1976	CE Penedès	11:19.69
25	229	CL3232	MEDINA CORONADO, MARCOS	30/08/1976	CE Penedès	11:20.08

#### M-45

<b>1</b>	<b>27</b>	<b>CT5570</b>	<b>LAKHOUAJA ALLAH, DRISS</b>	<b>26/02/1972</b>	<b>LEA La Blanca</b>	<b>8:47.86</b>
<b>2</b>	<b>168</b>	<b>CT25874</b>	<b>RODRIGUEZ RODRIGUEZ, OSCAR</b>	<b>07/05/1974</b>	<b>JAB-Berga</b>	<b>9:05.58</b>
<b>3</b>	<b>226</b>	<b>CT22798</b>	<b>FERNANDEZ AGUADO, JORDI</b>	<b>18/06/1975</b>	<b>CE Penedès</b>	<b>9:14.27</b>
4	197	CT21053	TORT MORENO, MARC	11/03/1971	CA Mollet	9:28.98
5	140	CT8915	ORDOÑEZ SOBRADO, PEDRO	29/01/1972	JA Montcada	9:35.16
6	208	CT3327	IZABAL PORTULAS, JOAN	08/11/1974	CA Nou Barris	9:38.59
7	26	CT6870	CABALLERO RECIO, ALBERT	14/04/1974	LEA La Blanca	9:40.07
8	74	CT13618	GIL MOLDES, DAVID	29/07/1974	Castillejo Caceres RC	9:46.28
9	203	CL26104	CRUXENT CORT, JORDI	17/01/1976	CA Nou Barris	9:51.20
10	181	CL27723	ROSELLO CASTAÑARES, ALBERT	05/10/1971	GA Lluïsos Mataro	9:54.77
11	142	CT22162	RAYA QUESADA, JUAN	12/12/1971	JA Montcada	10:01.94
12	241	CT475	PLA MARTINEZ, HECTOR	24/09/1974	CE Picornell	10:31.45
13	72	CT28821	CABEZAS SEDANO, JOSE FRANCISCO	13/01/1973	Castillejo Caceres RC	11:36.16
	262	CT2378	BLANCO QUEVEDO, JOSE LUIS	03/06/1975	CA La Sansi	AB

#### M-50

<b>1</b>	<b>172</b>	<b>CT12825</b>	<b>LOPEZ FONT, ALBERT</b>	<b>24/01/1970</b>	<b>GA Lluïsos Mataro</b>	<b>9:32.46</b>
<b>2</b>	<b>304</b>	<b>CT4426</b>	<b>PASCUAL ALBAREDA, ALBERT</b>	<b>08/01/1970</b>	<b>CA Atletesvng.org</b>	<b>9:33.91</b>
<b>3</b>	<b>268</b>	<b>CT20175</b>	<b>DE TORRES BURGOS, FERRAN</b>	<b>11/03/1967</b>	<b>CA Terres de l'Ebre</b>	<b>9:34.76</b>
4	36	CT11660	VILA RUIZ, ENRIC	10/05/1969	CA Granollers	9:46.29
5	31	CT3271	MARSOL FONT, DAVID	22/02/1970	CA Granollers	9:55.36
6	232	CT134	SERRANO RAMIREZ, JOSE LUIS	31/01/1967	CE Penedès	9:59.28
7	185	CT26050	BOADAS GOMBAU, PERE	08/09/1967	CA Lloret-La Selva	10:01.42
8	272	CT25029	PUNTES GARCIA, LUIS FRANCISCO	08/10/1970	CA Terres de l'Ebre	10:03.94
9	180	CT27774	REY RONCERO, FERRAN	13/12/1967	GA Lluïsos Mataro	10:10.68
10	58	CT29364	QUIROS LUCAS, ALBERT	15/08/1968	Avinent Manresa	10:24.34
11	307	CL1104	FONTANET SOLSONA, JAUME	12/11/1969	AA Xafatolls	10:33.43
12	190	CL594	GOMEZ LARA, JORGE	13/09/1970	Martorell AC	10:40.54
13	176	CL18429	NABI MAITI, ABDELKADER	22/06/1970	GA Lluïsos Mataro	10:50.23
14	275	CT27937	BERMUDEZ MARTOS, TONI	31/08/1969	UA Barberà	11:14.27
15	65	CL3972	GARCIA NAVARRETE, JOSE FRANCISCO	24/09/1967	CA Tarragona	11:18.84
16	276	CL3045	BONINA NICOLAU, PEDRO	16/06/1970	UA Barberà	11:46.27
17	182	CT23334	SANZ COCA, JUAN PEDRO	13/11/1967	GA Lluïsos Mataro	11:47.86
	273	CL28010	SABATE ROIG, ENRIC	12/05/1968	CA Terres de l'Ebre	NP

#### M-55

<b>1</b>	<b>306</b>	<b>CT22240</b>	<b>RAMIREZ RAMIREZ, JOSE ANTONIO</b>	<b>25/02/1965</b>	<b>CA Atletesvng.org</b>	<b>10:01.79</b>
<b>2</b>	<b>235</b>	<b>CT15924</b>	<b>ARANDA ROMERO, JOSE</b>	<b>30/11/1964</b>	<b>CE Picornell</b>	<b>10:06.55</b>
<b>3</b>	<b>309</b>	<b>CT24134</b>	<b>MARTIN GUERRERO, JOAN</b>	<b>17/12/1964</b>	<b>AA Xafatolls</b>	<b>10:33.39</b>
4	233	CT18241	VILA TORREMORELL, FRANCISCO	29/09/1961	CE Penedès	11:21.67
5	175	CT26152	MOLINA RUBIO, FRANCISCO	01/06/1963	GA Lluïsos Mataro	11:46.52

#### M-60

<b>1</b>	<b>42</b>	<b>CT18718</b>	<b>DEL RIO ALVAREZ, FRANCISCO</b>	<b>26/04/1960</b>	<b>Playas de Castellon</b>	<b>10:46.20</b>
<b>2</b>	<b>186</b>	<b>CL25171</b>	<b>GARRIGA GUELL, JOSEP</b>	<b>10/10/1960</b>	<b>CA Lloret-La Selva</b>	<b>11:08.28</b>
<b>3</b>	<b>102</b>	<b>CT6774</b>	<b>PARRA GRILLO, JOSE</b>	<b>08/09/1960</b>	<b>Cornellà At.</b>	<b>11:21.36</b>
4	78	CT473	RUBIO MOURA, ANGEL	29/06/1957	Castillejo Caceres RC	11:33.55
5	242	CL15025	TORRES MARTIN, JUAN LUIS	01/07/1958	CE Picornell	12:41.44
	210	CT2600	MARCH MARCH, JORDI	09/11/1960	CA Nou Barris	NP

#### M-65

<b>1</b>	<b>136</b>	<b>CL29519</b>	<b>LOPEZ DE EGEA MORERA, JAIME</b>	<b>05/04/1955</b>	<b>CE Ironwill BCN</b>	<b>10:21.40</b>
<b>2</b>	<b>255</b>	<b>CT11589</b>	<b>ARAGON MUÑOZ, FRANCISCO</b>	<b>17/11/1954</b>	<b>UA Rubí</b>	<b>10:48.95</b>

#### M-70

<b>1</b>	<b>247</b>	<b>CT19758</b>	<b>GIMENEZ MARTIN, JOSEP</b>	<b>05/06/1948</b>	<b>Pratenc AA</b>	<b>12:53.47</b>
<b>2</b>	<b>187</b>	<b>CT26887</b>	<b>MASO TARRES, JOSEP</b>	<b>23/05/1950</b>	<b>CA Lloret-La Selva</b>	<b>13:00.25</b>
<b>3</b>	<b>178</b>	<b>CT7683</b>	<b>PEREZ HERNANDEZ, PRUDENCIO</b>	<b>12/01/1947</b>	<b>GA Lluïsos Mataro</b>	<b>14:11.77</b>

## 60 m. Tanques

M-35

1	194	CT11674	SOLER MAZA, SERGI	01/01/1985	CA Molins	9.34
2	257	CT11217	LORENZO DEL PINO, JAIRO	13/04/1985	UA Rubí	9.74

M-40

1	115	CT10375	MATAS GARCIA, SERGI	14/06/1978	CA Montornes	9.17
2	30	CT28512	BRUSE PINART, ROMA	29/07/1977	CA Figueres	10.08

M-45

1	310	CL28410	PEREZ MARTIN, RAMON	01/06/1972	AA Xafatolls	10.40
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M-50

1	166	CT25583	TORTOSA MORENO, ANTONI	13/06/1967	JA Sabadell	11.98
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M-55

1	150	CT3468	CREUS MELGOSA, ANTONI	20/11/1964	JA Sabadell	9.43
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## Salt d'ALÇADA

M-40

1	285	CT23257	BERENGUEL CORTINA, RUBEN	03/02/1979	U Colomenca At.	1,52
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M-50

1	56	CT3225	PIEROLA LAIMON, JORDI	01/27/1968	Avinent Manresa	1.40
2	64	CT17561	FORNIES CAMER, ANTONIO	12/31/1966	CA Tarragona	1.34

M-55

1	3	CL24427	GOMEZ CORTADA, ANDREU	17/03/1965	CA Sant Celoni	1,40
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M-65

1	252	CT19371	ROSELL CARRASCOSA, LLUIS	15/09/1954	Pratenc AA	1,35
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M-70

1	217	CT20436	MARTI BORRAS, JOSE	05/02/1951	CN Reus Ploms	1,20
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## Salt amb PERXA

M-35

1	38	CL25039	MALLEN MONTOLIU, JAUME	10/06/1984	CA Igualada	3,21
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M-45

1	219	CT29765	RUIZ CUADRA, MIGUEL ANGEL	03/19/1973	CA Canyelles	4.21
2	13	CT20275	CASAMAYOR RUIZ, JUAN PEDRO	06/29/1974	Barcelona At.	3.61

M-50

1	52	CT13476	LLADO ABELLA, JORDI	07/13/1968	Avinent Manresa	3.41
	91	CT17223	TERUEL ORTIZ, CARLOS	03/19/1969	CE Universitari	NP

M-55

1	67	CT19378	MATEO SANZ, JOSEP MARIA	11/17/1964	CA Tarragona	2.91
2	92	CT4170	SANCHEZ RODRIGUEZ, XAVIER	10/14/1965	CEA Tenerife 1984	2.41

M-60

1	249	CT21320	LOPEZ PAEZ, JOSE ANTONIO	05/09/1958	Pratenc AA	2.61
	123	CT483	MARANGES COSTA, SALVADOR	12/01/1956	CA Palafrugell-GiCB	SM

M-65

1	252	CT19371	ROSELL CARRASCOSA, LLUIS	15/09/1954	Pratenc AA	2,61
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M-70

	66	CT18394	GRIÑANT ALMAGRO, FRANCISCO	04/08/1947	CA Tarragona	SM
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## Salt de LLARGADA

M-35

1	156	CT11520	JULIAN ESCRIVA, RAUL	28/01/1983	JA Sabadell	6.51
	257	CT11217	LORENZO DEL PINO, JAIRO	13/04/1985	UA Rubí	NP

M-40

1	125	CT7718	MARTIN PANADES, ENRIC	18/08/1980	L'Hospitalet At.	6.60
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2	87	CT25469	OMEDAS GASION, ALEJANDRO	10/01/1981	CE Universitari	5.96
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M-45

1	13	CT20275	CASAMAYOR RUIZ, JUAN PEDRO	29/06/1974	Barcelona At.	5.38
2	106	CL29572	SANZ GARCIA, FCO. JAVIER	23/03/1972	Cornellà At.	4.26

M-50

1	35	CT28387	VILA MASSAGUE, JAUME	06/05/1969	CA Granollers	5.81
2	101	CT130	AMOROS RIS, MARCEL	07/08/1968	Cornellà At.	5.19
3	69	CT21925	BENITO BOVE, JORDI	03/06/1966	CA Vic	4.60
4	56	CT3225	PIEROLA LAIMON, JORDI	27/01/1968	Avinent Manresa	4.33
5	16	CT24652	MARCO GIMENEZ, JORDI	15/07/1966	Barcelona At.	4.06

M-55

1	150	CT3468	CREUS MELGOSA, ANTONI	20/11/1964	JA Sabadell	5.56	RCAT
2	201	CT19131	BALLESTEROS FERNANDEZ, EDUARDO	17/09/1964	CA Nou Barris	4.75	
3	206	CT15482	GONZALEZ BLANCO, JOSEP	12/05/1963	CA Nou Barris	4.57	

M-60

1	249	CT21320	LOPEZ PAEZ, JOSE ANTONIO	09/05/1958	Pratenc AA	4.42
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M-65

1	205	CL20917	GARCIA MEDINA, BERTI	03/09/1952	CA Nou Barris	3.40
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M-70

1	66	CT18394	GRIÑANT ALMAGRO, FRANCISCO	04/08/1947	CA Tarragona	3.30
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## TRIPLE Salt

M-35

1	156	CT11520	JULIAN ESCRIVA, RAUL	28/01/1983	JA Sabadell	12.29
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M-40

1	200	CT1184	ANDRADE CORBALAN, ALBERT	01/06/1977	CA Nou Barris	12.00
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M-50

1	9	CT22530	BEDMAR PASCUAL, JORDI	07/11/1968	Barcelona At.	11.96
2	69	CT21925	BENITO BOVE, JORDI	03/06/1966	CA Vic	9.32
3	16	CT24652	MARCO GIMENEZ, JORDI	15/07/1966	Barcelona At.	9.18

M-55

1	177	CT22371	PALAU ROIG, XAVIER	14/07/1962	GA Lluïsos Mataro	10.44
2	15	CT9105	MACIAS CASTRO, MANUEL	06/09/1965	Barcelona At.	9.54

M-65

1	288	CT19112	INES BARRIOS, EDUARDO	24/05/1954	U Colomenca At.	8.05
2	205	CL20917	GARCIA MEDINA, BERTI	03/09/1952	CA Nou Barris	7.53

## Llançament del PES

M-35

1	120	CT10584	ROVIRA CAMPOS, ELOI	06/04/1982	FC Barcelona	16.79	RCAT=
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M-40

1	40	CT28385	SANCHEZ PIQUE, RAMON	09/02/1977	CA Igualada	12.57
2	37	CT21255	LAGUNAS GALLEGRO, JOSEP MARIA	13/03/1977	CA Igualada	10.85

M-45

1	111	CL280	RODRIGUEZ ESPLUGAS, VICENTE	31/10/1975	CA Vilafranca	13.25
2	62	CT3967	EXPOSITO GARCIA, DIDAC	04/08/1973	CA Tarragona	11.38
3	256	CL21035	CENTELLA DELGADO, MANUEL	06/10/1971	UA Rubí	9.90
4	39	CT11430	SANCHEZ BERGADA, JOAN	26/03/1975	CA Igualada	9.38

M-50

1	259	CT19722	SEGARRA FONT, JUAN ANTONIO	06/06/1970	UA Rubí	12.80
2	174	CL27720	MATEOS DIAZ, JOSE MANUEL	13/05/1967	GA Lluïsos Mataro	10.24
3	91	CT17223	TERUEL ORTIZ, CARLOS	19/03/1969	CE Universitari	9.94
4	121	CT22736	GIL EGEA, JOSE LUIS	26/01/1967	CA Gavà	9.14
5	110	CL28346	VILA GIMENO, JORDI	17/02/1971	Cornellà At.	7.80
6	173	CL25847	MATEOS DIAZ, JAVIER	04/04/1968	GA Lluïsos Mataro	7.15

M-55

1	152	CT24941	FERRER LOPEZ, FRANCISCO	25/10/1964	JA Sabadell	10.15
2	211	CT14263	MARINE ALGARRA, JOAN	01/06/1962	CA Nou Barris	8.61

M-60

1	126	CT1584	SANCHEZ SALICIO, DOMINGO	14/09/1958	L'Hospitalet At.	11.42
2	113	CT17284	DIAZ PLATA, FRANCISCO	12/09/1957	CA Montornes	8.02

M-65

1	245	CT1444	CANO GIL, JUAN JESUS	26/06/1954	Pratenc AA	8.36
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M-70

1	105	CL29571	RUIZ LOPEZ, JOSE	30/11/1946	Cornellà At.	8.59
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M-90

1	22	CT19345	RIBERA BANZO, JOSE MARIA	16/09/1929	Barcelona At.	6.35
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### 3.000 m. Marxa

M-35

1	464	CL14945	PEREZ ALFRANCA, GUILLEM	26/10/1983	Avinent Manresa	14:31,92
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M-40

1	466	CT12758	CERVELLO ESPAÑOL, DAVID	22/02/1977	Avinent Manresa	16:30,92
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M-45

1	472	CT26284	OBRADOR OLIVE, JOSEP	05/07/1972	Lleida UA	13:15,87	RCAT
2	470	CT24164	RODRIGUEZ MARTINEZ, FRANCESC	15/06/1975	UGE Badalona	13:41,36	
3	469	CT1448	CEMBORAIN RODRIGUEZ, ALBERTO	30/08/1971	L'Hospitalet At.	15:29,26	
4	467	CL21716	PIÑOL VALLE, RUBEN	10/07/1971	CA Atletesvng.org	16:41,82	
5	468	CT24624	EZQUERRO CERVERO, SERGIO	25/02/1976	JA Sabadell	16:50,97	

M-50

1	473	CL15201	FLORES MONTES, FERNANDO	17/06/1969	CA Tarragona	14:35,40
2	474	CT9688	CAZURRA BASTE, JOSEP ALFONS	09/11/1967	CA Nou Barris	16:57,04
3	475	CT16593	MENA MEZCUA, JUAN CARLOS	09/01/1970	Barcelona At.	17:36,86

M-55

1	476	CT25363	GARCIA VEGA, JOSE MARIA	26/12/1964	CE Penedès	16:24,20
2	477	CL23690	AMIGO ALVAREZ, ANTONIO	08/10/1964	CA Baix Montseny	17:44,72
3	479	CL29745	BUSQUETS VIDAL, JUAN CARLOS	17/04/1964	CA Paret	19:20,85
4	478	CL18700	PAÑOS PASCUAL, JOSE MARIA	14/10/1965	INDEPENDIENTE	21:08,15
	480	CT26015	MELERO SANCHEZ, PERE	07/05/1961	INDEPENDIENTE	DS RT.54.7.1.

M-60

1	481	CT14283	ABADIAS PALACIN, LUIS	30/12/1959	CA Nou Barris	15:06,14
2	482	CT24282	ARANDA FERNANDEZ, PEDRO JOSE	11/06/1957	CA Atletesvng.org	15:33,97

M-65

1	483	CT972	MELO VALLS, IGNASI	28/12/1952	UA Rubí	16:18,48
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M-70

484	CT816	TORRES COSTA, PERE	03/02/1950	UA Terrassa	DS RT.54.7.1.
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**RESULTATS DE LA 12a. PENTATLÓ INDOOR  
CAMPIONAT DE CATALUNYA - ( Categoria Femenina )**

**BARCELONA ( Palau Sant Jordi ) - 28/02/2021**

Categoria	Class.	Dorsal	Nom/ Club	Data Naix Llicència	DETALL DE LES PROVES					Total Punts
					60 mts.T.	Alçada	Pes	Llargada	800 m.	

W-50	1	423	CRISTINA MIRALLES POU	20/07/1970	10.48	1.33	5.65	4.61	3:27.92	3.154
			Barcelona Atl.	CT-15469	902	771	343	783	355	
	2	424	GEMMA SOLE BORONAT	01/11/1967	11.40	1.24	7.96	3.27	2:58.47	2.862
			CA Tarragona	CT-29376	744	632	531	329	626	

W-60	1	422	MARIA ROSA ESCRIBANO CHECA	29/12/1958	10.57	1.39	9.52	4.51	2:59.92	4.787	RMON
			Playas de Castellon	CT-465	1.044	1.119	813	1.004	807		

**RESULTATS DE LA 12a. PENTATLÓ INDOOR  
CAMPIONAT DE CATALUNYA - ( Categoria masculina )**

**BARCELONA ( Palau Sant Jordi ) - 28/02/2021**

Categoria	Class.	Dorsal	Nom	Club	DETALL DE LES PROVES					Total Punts
					60 mts.T.	Llargada	Pes	Alçada	1.000 mts.	

M-35	1	194	SERGI SOLER MAZA	01/01/1985	9,33	5,69	9,86	1,52	3:20.72	2.679
			CA Molins	ct-11674	707	559	499	426	488	

M-40	1	312	JOSEP DONAIRE MALAGELADA	20/01/1978	12,33	4,40	8,27	1,40	03:29,12	1.895
			GEIE Gironí	CL-20413	268	343	438	360	486	

M-45	1	89	JAVIER SEGOVIA FERNANDEZ	18/10/1972	9.52	5.58	8.33	1.58	3:12.16	3.276
			CE Universitari	CT-22243	823	684	486	577	706	

M-50	1	46	SALVADOR AMELLA LOPEZ	25/06/1970	10.34	5.08	7.45	1.61	3:18.02	3.163	RCAT
			Avinent CA Manresa	CT-23497	696	639	410	687	731		

M-55	1	311	FCO. JAVIER ANDREU FERRANDO	21/01/1963	10.63	4.30	8.83	1.46	3:31.70	3.107
			CA Terres de l'Ebre	CT-25492	726	510	559	619	693	
	2	316	JEAN PAUL SAUSSUS	24/06/1963	10.54	4.55	11.07	1.43	4:06.82	3.067
			PrateNc AA	CT-480	741	580	732	585	429	
3	67	JOSEP MARIA MATEO SANZ	17/11/1964	11.90	4.80	7.73	1.49	3:24.63	2.946	
		CA Tarragona	CT-19378	508	650	475	644	669		
	314	PERE PARDINES GRAS	30/01/1965	10.99	4,40	8,38	NP		AB	
		CA Tarragona	CL-9121	660	537	524				

M-60	1	313	EUSEBI MANEN COMAS	12/09/1956	12.62	3.79	7.57	1.22	5:10.69	1.959
			CE Universitari	CT-18134	452	447	452	449	159	

M-65	1	315	MIQUEL ROBERT FERRER	24/10/1954	13.30	2.96	6.43	1.22	4:45.20	2.030
			L'Hospitalet Atl.	CT-17075	438	288	410	536	358	



**26è. CNAT. DE CATALUNYA INDIVIDUAL DE PISTA COBERTA**  
**BARCELONA ( Palau Sant Jordi )**  
**28/02/2021**

<del> </del>	ATLETES	PARTICIP.	CLASSIF.	ABAND.	NP	DESQ.	SM
FEMENINES	<b>96</b>	<b>146</b>	<b>140</b>	<b>2</b>	<b>3</b>	<b>1</b>	<b>0</b>
MASCULINS	<b>283</b>	<b>465</b>	<b>436</b>	<b>13</b>	<b>11</b>	<b>3</b>	<b>2</b>
TOTALES	<b>379</b>	<b>611</b>	<b>576</b>	<b>15</b>	<b>14</b>	<b>4</b>	<b>2</b>